<b>Starter</b> p 6–9	)	Grammar: tense review: present	simple and continuous, stative verl	os; -ing and infinitives
UNIT		READING	GRAMMAR	VOCABULARY
1	<b>Lifelong learning</b> (EDUCATION) p 10–19	Back in time for school Identifying synonyms  Multiple choice	Tense review: past simple and past continuous would, used to, be used to	Words connected with education/ learning Adjectives with -ful / -ive Phrasal verbs
2	<b>Go viral!</b> (SOCIAL MEDIA) p 20–29	Social media detox We're crazy about online crazes! Understanding pronoun references Gapped text	Modals (1): Review Modals (2): deductions about the present	Nouns with -ity / -ness Collocations with verbs Word patterns TV programmes
Review Units 1 and 2: Optimise your well-being Be a good friend / Revise Grammar and vocabulary /				
3	Super cities (PLACES) p 32–41	Visit Tokyo Scanning Multiple matching	Tense review: present perfect simple and continuous Question review: question tags and question forms	Places in the city Words + prepositions
4	<b>Free-time fun!</b> (FREE TIME) p 42–51	Is it time to step out of Deducing meaning from context  Multiple choice	The future (1): will, be going to, present simple and continuous Comparatives and superlatives	Verbs/adjectives with -ate Phrasal verbs Hobbies
Review Units 3 and 4: Optimise your well-being Stretch your body / Revise Grammar and vocabulary /				
5	Happy and healthy (HEALTH) p 54-63	Six fascinating health facts Understading linking words and phrases Gapped text	Conditionals (1): zero, first and second conditionals  Relative clauses	Words + prepositions Adverbs formed from adjectives Words connected with <i>health</i>
6	Friends for life (RELATIONSHIPS) p 64–73	Best friend challenge A problem shared Understanding attitude and opinion  Multiple matching	Tense review: past perfect simple and continuous Connectors of contrast	Words connected with friendship Nouns with -ance / -ence / -ment / -ship Phrasal verbs
Review Units 5 and 6: Optimise your well-being Challenge your brain / Revise Grammar and vocabulary /				
7	Natural wonders (NATURE) p 76–85	Asilia Dunia: where the Understanding referencing Multiple choice	The passive Review: countable/uncontable nouns, articles, quantifiers	Words connected with geographical features Nouns formed from verbs
8	My kind of music (MUSIC) p 86-95	A machine-made musical From CDs to streams Understanding text logic Gapped text	Reported speech Indirect questions	Idioms connected with <i>music</i> Phrasal verbs Nouns with -ant / -ist
Review Units 7	7 and 8: Optimise your v	vell-being Expressing gratitu	de / Revise Grammar and voca	abulary /
9	On the ball (SPORT) p 98–107	Four brilliant ball games! Understanding paraphrasing Multiple matching	Result clauses: so, such, too, enough  Conditionals (2): third conditional	People in sport Adjectives / nouns / verbs Phrases connected with running
10	<b>Good job!</b> (WORK) p 108–117	A digital creative's job Imagine your future Understanding implication Multiple choice	Modals (3): modal perfect The causative	Nouns with -er / -or Phrasal verbs Words connected with work
Review Units 9 and 10: Optimise your well-being Reducing stress / Revise Grammar and vocabulary /				
Preview B2 p 120–123  Grammar: The future (2): future continuous, future perfect simple and continuous; past tenses for the present/future				
OPTIMISE YOUR EXAMS B2 FIRST FOR SCHOOLS    → READING p 124–126   LISTENING p 127–129				

