

# 1 My time

- 1 **Get ready** • Look at the website. What's its title?
- 2 **Read** • Find the teens' names. Where are they from? What are the texts about?

## Unit goals

Describe daily routines.  
Talk about free time activities.  
Ask and answer about routines and free time activities.  
Make plans.  
Write text messages.

## Collaborative project

Invent a fun typical day.

## Skills for life

Learn to organise your time.

## Global goals

Learn about the routines of teen agers from other countries.

## ONE WORLD FOR ALL

### Hello! Where are you from?

Click your location on the map, share a photo and tell us about a typical day in your life!



On weekdays, I get up at 7.00 am, I have breakfast and I go to school by bike. We start school at 8.15 am. We have a break after every lesson. At 12.30 pm, some students go home for lunch, but I have lunch at school. All schools in my country offer a free hot meal every day.

We finish school at 2.45 pm. My school is near my home, so I get home early – at 3.00 pm every day.

In Finland, we don't do sport at school and we've got a lot of free time after school because we haven't got homework.

*Oliver, Finland*



On a typical day, I get up at 6.45 am, I put on my uniform and I have breakfast at 7.00 am. I go to school on foot.

School starts at 8.30 am and at 12.30 pm we have lunch in our classroom. Lessons finish at 3.00 pm and, at that time, we clean and tidy up our classroom. From 3.30 pm to 5.45 pm, we have extra-curricular activities. We sometimes go to school on Saturdays too.

I go home late, at 6.00 pm, and relax for a while.

*Hana, Japan*



## Global goals

Teenagers around the world have got different routines. Think of your routine and underline in the texts two activities that are different from the things you do every day. Then share your answers with a classmate.

## A typical day

### 1 Read again • Write H (Hana) or O (Oliver).

- 1 I go to school by bike. ☐
- 2 I go to school on foot. ☐
- 3 I go home early in the afternoon. ☐
- 4 I go home late after school. ☐
- 5 I don't do sport at school. ☐
- 6 I sometimes go to school on Saturdays. ☐

### 2 Complete Hana's sentences with the correct times. Then read the sentences aloud.

Hi! I'm Hana. I get up at (1) ... I have breakfast at (2) ... School starts at (3) ... and lessons finish at (4) ... I have extra-curricular activities from (5) ... to (6) ... I go home at (7) ...

#### Look!

Remember: We say digital times as we write them.  
We can also say times this way:

1.00 one o'clock      1.15 quarter past one  
1.30 half past one      1.45 quarter to two

### 3 Circle the correct times for Oliver.

- 1 I get up at *seven* / *seven thirty*.
- 2 School starts at *seven forty-five* / *eight fifteen*.
- 3 Lessons finish at *one forty-five* / *two forty-five*.
- 4 I have lunch at school at *twelve thirty* / *eleven thirty*.
- 5 I get home at *three* / *two forty-five*.



### 4 Daily routines • Listen and repeat.

have breakfast   have lunch   have dinner  
start school   finish school   go to bed  
go to school   go home   go to the (drama) club  
get up   do homework   relax

### 5 Choose a weekday (Monday–Friday), write the times and the activities in the planner.

Day	Time	Activity

### 6 Speak • Play a True or False game in pairs. Take turns to read your classmate's planner. Then close your books, listen to your classmate and correct the false sentences.

I have breakfast at six on Mondays.

That's false. You have breakfast at six thirty on Mondays.



#### What do you think?

Discuss in pairs. Then as a class.

- Do you like your daily routine? Why?
- What is your favourite activity?

# My favourite day of the week

1 **Read** • Find and circle Tracy's favourite day of the week. Then study the Grammar box.

What's your favourite day of the week? Why?

Hi! My name's Tracy. I'm from Australia.  
I like Fridays because I don't go to school  
and I don't do homework. On Fridays, I go to  
the football academy.

I like it because it's lots of fun. We train  
in the morning. We have lunch at 12.30 and  
then we relax for an hour. We play matches  
in the afternoon.

My best friend Josh goes to the academy  
too and he likes it very much. He's a great  
player, but he doesn't score goals because  
he's the goalkeeper!



2 **Complete the sentences with the affirmative or negative present simple form of the verbs in brackets.**

- Tracy ... (go) to school on Fridays. She ... (go) to the football academy.
- On Fridays, she ... (do) homework.
- She ... (like) it because it's fun.
- She ... (have) lunch at home. She ... (have) lunch at the academy at 12.30.
- After lunch, she ... (relax) for an hour.
- Tracy and her friends ... (play) matches in the morning. They ... (play) matches in the afternoon.

## Grammar

## Present simple

Look at the sentences based on the text and discover the rules.

### Affirmative

I **like** Fridays. I **go** to the football academy.  
He **goes** to the football academy. He **likes** it.

### Negative

I **don't do** homework.  
He **doesn't score** goals.



### Checkpoint

a Tick (✓) the correct answer.

The present simple form is the same for all persons.

Yes ☐ No ☐

b Tick (✓) all the correct options.

She ... in the morning.

train ☐ doesn't relax ☐

trains ☐ don't train ☐

They ... for an hour.

plays ☐ relax ☐

don't train ☐ doesn't sleep ☐

c Tick (✓) all the correct answers.

We use the present simple for:

routines ☐ likes ☐ the past ☐ facts ☐

3 **Speak** • Work in pairs. Take turns to say sentences about Tracy and sentences about you.

have lunch do homework relax play matches  
go to a football academy like Fridays train

Tracy doesn't do homework on Fridays.  
I do homework on Fridays.

4 **Write** • Copy this text and replace the information in brackets with information about you.

My favourite day of the week is [day of the week].  
I like it because I [activities that you do]. On this  
day, I [activities that you don't do].

# A fun weekend

## 1 Get ready • Look at the website: What is it about?

Let's find the most popular free time activity!  
Share the activities you like!

chat on my phone

do sport

go out on my bike

go shopping

see my friends

go swimming

go to the cinema

listen to music

play video games

read books

play football

play basketball

play the guitar

sleep

take photos

## 2 Free time activities • Listen and repeat. Then look at the website again and circle the thumb icons according to your preferences.

## 3 Complete the sentences with free time activities from Exercise 1.

- 1 I use my computer every day. But I don't use it for homework. I get my joystick and ... !
- 2 We ... at the pool near our school.
- 3 I ... in the park near my house. It's got a nice bike path.
- 4 At Christmas, my parents and I ... and buy presents for our family and friends.
- 5 When I ... , I prefer to watch action films.

## 4 Speak • Work in pairs. Take turns to talk about your free time. Then share with the class.

I play video games in my free time. And you?

I play basketball on Wednesdays.

Cata plays basketball on Wednesdays.

## 5 Speak • Work in pairs. Replace the icons with activities from Exercise 1. Then act out the conversations.

1

Rhona

Alfie

Are you free this afternoon? Why don't we or ?

Rhona

I haven't got any money. Come to my house and we can and .

2

Carl

Angus

Hi. Are you free to this weekend?

Carl

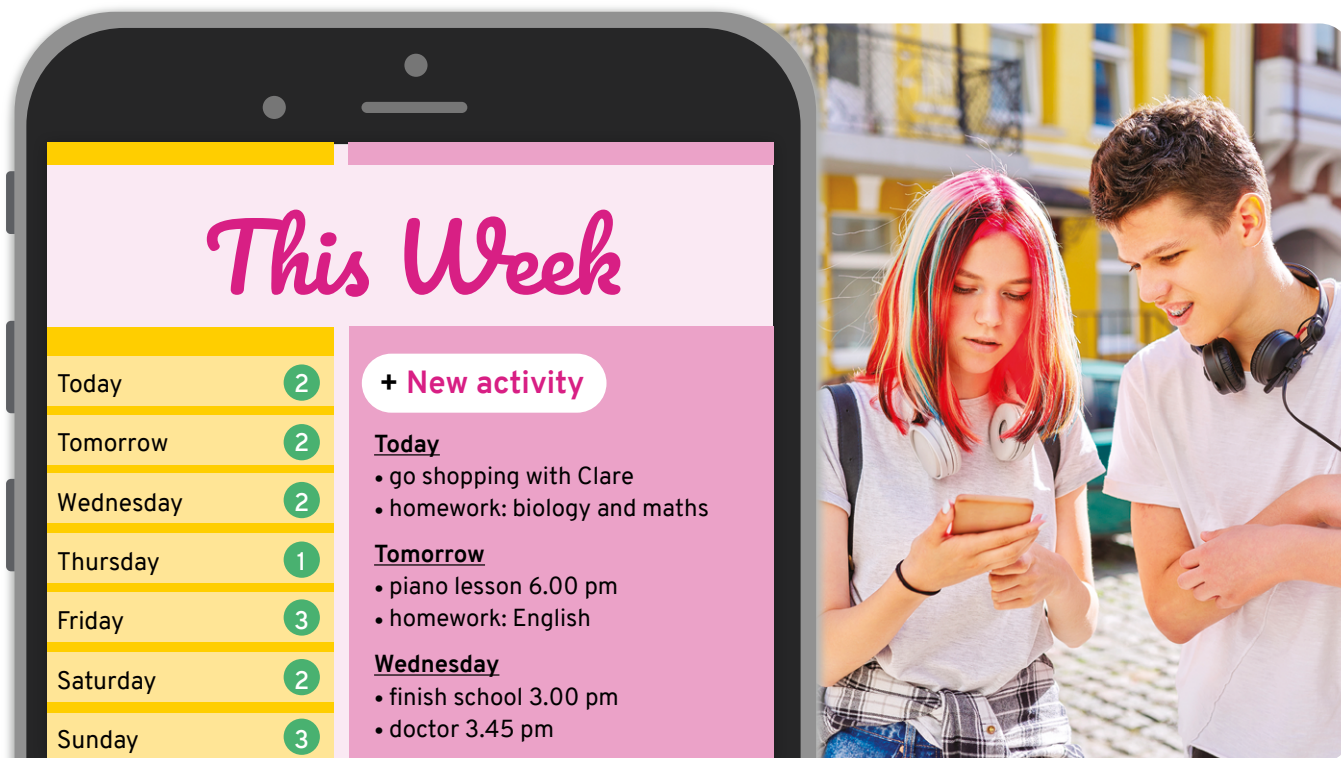
Yes, good idea. Why don't we ?

Angus

It's too hot. Let's .

## A conversation

- 1 **Get ready** • Look, read and guess: What are the 2 friends talking about?



**This Week**

Today	2
Tomorrow	2
Wednesday	2
Thursday	1
Friday	3
Saturday	2
Sunday	3

**+ New activity**

**Today**

- go shopping with Clare
- homework: biology and maths

**Tomorrow**

- piano lesson 6.00 pm
- homework: English

**Wednesday**

- finish school 3.00 pm
- doctor 3.45 pm

- 2 **Listen once** •  Tick (✓) the correct answer.

- What do Flora and Ross talk about?
  - A website. ☐
  - An app. ☐
- Who uses it all the time?
  - Ross. ☐
  - Flora. ☐
- What is it for?
  - To organise your activities. ☐
  - To send messages. ☐
- What is Flora's problem?
  - She does a lot of things every day. ☐
  - She forgets things all the time. ☐
- What does Flora want to do?
  - She wants to download the app. ☐
  - She wants to do more activities at weekends. ☐

### Look!

Flora **wants to download** an app.



- 3 **Listen again** •  Complete the sentences.

### Listening skills

#### Listening to complete sentences

Listen for the words in the first part of the sentence so you know when the answer is coming.

- On Thursdays, Flora goes ...
- Flora doesn't know which activity she has got this ...
- On the left, you've got the days of the ...
- On Tuesday 10th February, Ross plans to play basketball with ...




### What do you think?

Discuss in pairs. Then as a class.

- Do you use an app to help you remember things? If yes, which app? Why is it good? If not, what do you do to remember things?
- What are your favourite apps? What are they good for?

# The life of a K-pop student


1 **Read** • Answer: Where's Lee from? What's special about his school? Then study the Grammar box.



## Interview

with Lee,

a student at a K-pop academy in Korea



**Do you go to a special school?**  
Yes, I do. I go to a K-pop academy.  
We have normal lessons from 9.00 am to 5.00 pm and then we stay at school to practise K-pop.

**What do you do after 5.00 pm?**  
We have lessons in dancing and singing. Our lessons finish at 10.00 pm.

**Wow! That's very late! Do you want to be a star?**  
No, I don't. I don't want to be famous. I just enjoy singing and dancing. But my friend Jamie wants to be a star.

**Does she train very hard?**  
Yes, she does. She takes extra lessons and goes home at midnight. I'm in bed at that time!

2 **Order the words to make Yes/No questions. Then complete the answers.**

- 1 to / Lee / special / a / school / go / Does ?  
Yes, he ...
- 2 you / Do / finish / at / four / school / o'clock ?  
No, I ...
- 3 go / Jamie / a / Does / academy / to / football ?  
No, she ...
- 4 they / normal / in / have / the / lessons / Do / morning ? Yes, they ...

3 **Speak** • Work in pairs. Take turns to ask and answer questions about Lee.

live in Korea   want to be famous  
practise ballet   practise K-pop  
finish school late   go home at midnight

Does Lee live in Korea?

Yes, he does.

## Grammar

## Present simple

Look at the sentences based on the text and discover the rules.

### Yes/No questions and short answers

Do you **go** to a special school?

Yes, I **do**. / No, I **don't**.

Does she **train** very hard?

Yes, she **does**. / No, she **doesn't**.



### Checkpoint

a **Match.**

To start Yes/No questions, we use:

	Do	Does					
they			you		he		she
					we		I
							it

b **Form a Wh- question.**

do / go / you / When / home?

c **Tick (✓) all the correct options.**

To start Wh- questions, we can use:

When <input type="checkbox"/>	You <input type="checkbox"/>
Does <input type="checkbox"/>	What <input type="checkbox"/>
What time <input type="checkbox"/>	Where <input type="checkbox"/>

4 **Speak** • Work in pairs. Take turns to ask and answer questions. Then share your classmate's answers with the class.

play football   do sport   play video games  
at weekends   on Fridays   after school

Do you do sport at weekends?

No, I don't.

What do you do?


I play video games.

Rami doesn't do sport at weekends.  
He plays video games.

## An advice website

- 1 **Get ready** • Look at the photo: Where's the girl? What's wrong?

### GET ORGANISED... AND DO IT ALL!



Do you feel that you haven't got time for everything?

It's not easy to find time to go to school, relax, do homework, see your friends and get enough sleep.

Here is a list of tips to help you organise your time.

**1 CREATE A CALENDAR.** Choose a digital calendar or a paper one. Then find a moment for each activity: include your free time activities and your homework too. Do you see your friends at weekends? Then find time for your homework during the week. And don't forget to look at your calendar every day!

**2 BE READY TO SAY No.** A friend asks you to go to the cinema. You want to go but you have a test the next morning. Do you say Yes or No? It's a good idea to say No and find a new moment that is right for both of you.

**3 WHEN IT'S STUDY TIME, STUDY!** It's time to do your homework and you sit at your desk to do it. To focus on your work and do it fast, don't forget to set the 'Do Not Disturb' mode on your phone.

**4 WHEN IT'S BEDTIME, GO TO SLEEP!** When you go to bed at night, don't take your phone with you. Leave it in another room.

**5 AT THE END OF THE WEEK, LOOK AT YOUR CALENDAR AND TICK ALL THE THINGS YOU DID.** Give yourself a reward each time you do all the tasks in your week!

- 2 **Read once** • Circle the correct options to complete a very short summary of the text.

### Reading skills

#### Understanding the general idea

It isn't important to understand everything the first time you read. Just try to get the general idea.

The website gives tips to 1 **remember / find** time for all the things you want to do. According to the text, it is 2 **possible / impossible** to complete your homework and do free time activities during your week. You just need to 3 **get organised / get up early**.

- 3 **Read again** • Correct the tips.

- 1 Look at your calendar only at weekends.
- 2 Accept invitations to go out when you have a test.
- 3 Use your phone to do your homework fast.
- 4 Give yourself a reward at the end of the day.



### Skills for life

Discuss in pairs. Then as a class.

- Which is your favourite tip from the text? Why?
- What's a good idea for an end-of-week reward?

## Making plans

1 **Get ready** • Look at the photo. Where are the teens?

2 **Watch the video** • Circle the correct option.

- 1 Their names are *Owen and Amy* / *Janice and Percy*.
- 2 They make plans for *Friday* / *the weekend*.

3 **Watch again** • Circle the correct option.

- 1 Owen *is* / *isn't* free on Saturday.
- 2 It's his *dad's* / *mum's* birthday.
- 3 Owen *is* / *isn't* free on Sunday.
- 4 Amy wants to play *basketball* / *a video game*.
- 5 She gets up *early* / *late* on Sundays.
- 6 They make plans to meet at *10.00* / *11.30* on Sunday.

4 **Complete the dialogue.** Then watch again and check.

Hey Amy, how are you?

Hi Owen.

I'm (1) ...

I'm fine. You?

Listen, are you (2) ... on Saturday?

Sorry, I'm (3) ... It's my mum's birthday.

What (4) ... Sunday?

Sunday's (5) ...  
What do you want to do?

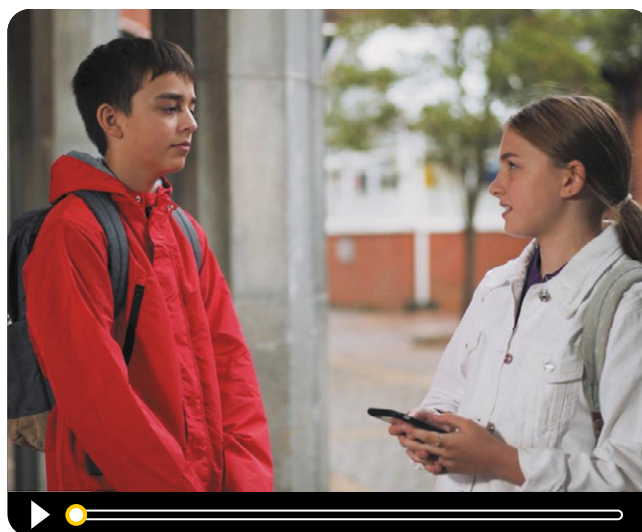
I've got a new video game.  
Do you (6) ... come and play it?

Yes, great. Is 10.00 (7) ... ?

Well, I get up (8) ... on Sundays.  
Why (9) ... we meet at 11.30?

OK, fine. (10) ... you  
on Sunday at 11.30.

See you, bye.



### Speaking Planner

**Now create your own dialogue. Follow these steps.**

#### THINK

Complete the table with 2 more activities and 2 more reasons why you aren't free on a particular day.

Free time activities	Reasons why you aren't free
<i>go out on our bikes</i>	<i>I have a piano lesson.</i>

#### PREPARE

Work in pairs. Prepare your dialogue using key phrases from the box.

Student A: Invite your classmate for a particular day.  
Student B: Say you're busy and make plans for another day.

<i>Are you free on...?</i>	<i>Sorry, I'm busy.</i>
<i>What about (Sunday)?</i>	<i>(Sunday)'s good.</i>
<i>Do you want to...?</i>	<i>Yes, great.</i>
<i>Why don't we meet at (10.00)?</i>	<i>OK, fine.</i>
<i>What do you want to do?</i>	

#### PRACTISE

Practise your dialogue.

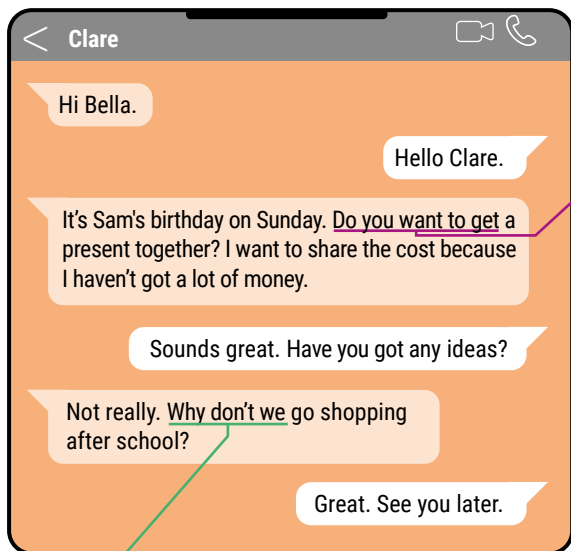
#### PERFORM

Act out the dialogue for the class.

**or**  
Record your dialogue and share your video on an online collaborative board.



## Text messages (1)



### Tip 1

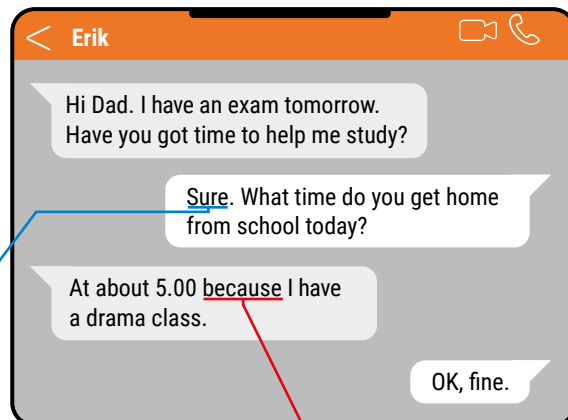
Use the correct word order for questions.

### Tip 2

Use *Why don't we...?* for suggestions.

### Tip 3

Use different ways to say 'Yes':  
*Sounds great. / Sure. / OK, fine.*



### Tip 4

#### Connector: *because*

Use *because* to give reasons. Find and circle another example of *because* in the text messages.

### 1 Read the text messages • Answer.

- 1 What does Bella want to buy?
- 2 Has she got any ideas?
- 3 What does Erik ask his father?
- 4 Why does he get home later today?

### 2 Read Tips 1 and 2 • Complete the questions.

- 1 ... .. (you / want) to do sport at the weekend?
- 2 ... .. (you / have got) time to help me?
- 3 Why ... .. (we / have) a burger on Saturday?

### 3 Read Tip 3 • Answer the questions in Exercise 2.

### 4 Read Tip 4 • Complete the answers with your own ideas.

- 1 What time do you get up on Saturday?  
I get up early because ... .
- 2 Have you got time to help me tidy up my bedroom?  
Sorry, I'm busy because ... .

## Writing Planner

**Now write two dialogues in pairs. Follow these steps.**

### THINK

Choose a question from Exercise 2 or your own ideas to start your dialogue.

### WRITE

- Get a slip of paper. Start your message with *Hi* or *Hello*. Then write your question.
- Work in pairs. Exchange slips and write a reply to your classmate's message. Use the models to help you and the Tips to guide you. Don't forget to use *because*.
- Continue until you finish the dialogues.

### SHARE

Exchange your messages with another pair. What are the conversations about? Are they clear?

## Final checkpoint

To reflect on your progress, add your own examples. Then circle the stars.



### Unit goals

**I can talk about daily routines.**



On a typical school day, I get up at 6.00 am.

**I can talk about free time activities.**



She sees her friends after school.

**I can ask and answer about daily routines.**



What time do you go to school? I go to school at 1.00 pm.

**I can ask and answer about free time activities.**



Do you go shopping at weekends? No, I don't.

**I can make plans with a friend.**



Do you want to come and play my new video game?

**I can write text messages.**



## Final reflection

Complete these tasks. Then discuss as a class.



### Skills for life

This unit gives tips to organise your time.

Complete the sentence with your own ideas.

*Getting organised is important because...*



### Global goals

This unit gives information about routines in other places.

Circle and complete the sentence with your own ideas.

*I like / don't like learning about routines in other places because...*



### What do you think?

This unit offers chances to give your personal opinion.

Look back at the unit and complete the sentence.

*I liked giving my opinion about...*



## Project

## Invent a fun typical day.

In this project, you are going to:

- Choose a famous person.
- Invent a fun typical day for this person.
- Make an attractive poster about this person's typical day.
- Present your project to the class.
- Give feedback on your classmates' projects.

### A. Time to discover

Look at the model and answer.

- 1 Is the poster attractive? Why?
- 2 What is it about?
- 3 Are all the parts of the day included? Are the activities fun?



## B. Time to work

- 1 To get ready to work in pairs, read the key phrases in the Communication skills box.

### Communication skills

#### Key phrases to ask questions about ideas

*What do you think of this?*

*Do you like...?*

*Do you agree?*

#### Key phrases to give alternative ideas

*I'm not sure about...*

*What about...?*

- 2 Follow Steps a–c to plan your poster in pairs. Remember to use the key phrases in the Communication skills box to discuss ideas.
- a Choose a famous person (an actor, a singer, a sportsperson, etc.).
- b Choose 8 activities this person does on a typical day; invent! Look at the vocabulary on pages 9 and 11 for ideas.

Daily routines	Free time activities

- c Choose the type of poster you want to make.

a digital poster

or

a paper poster

- 3 Read the tips below and choose 8 photos for your poster.

#### How to create visual interest with photos

- Choose different types of photos, e.g. an object, a person, an activity.
- Show attractive and original objects or places.
- Choose photos with unusual angles, e.g. show hands or feet only.
- Choose photos with bright colours, e.g. red, blue, or use black and white.
- Add elements to help you give messages, e.g. arrows or emojis.
- Cut out the photos in different shapes.

- 4 On paper, write 1 or 2 sentences for each photo. Then ask your teacher to correct the sentences.

Remember to include:

- times (e.g. 8.15 am)
- parts of the day (e.g. morning, afternoon, midnight, after breakfast, before dinner)

- 5 Create your poster and enjoy the process!

## C. Time to share

- 6 Present your project to the class.
- 7 Choose one aspect that you like from one of your classmates' projects and say why you like it.

I like the typical day in Teo and Maca's project because it's very original.



### Reflect on your project

Circle the stars.

I used language from the unit.



I used attractive photos and visual elements.



I exchanged suggestions/ideas with my classmate.



I enjoyed watching my classmates' presentations and giving my opinion about them.



# 1 My time

1 Label the photos with the words in the box.

get up   have dinner   finish school  
have lunch   go to bed   relax  
start school   have breakfast



1 have breakfast



2 \_\_\_\_\_



3 \_\_\_\_\_



4 \_\_\_\_\_



5 \_\_\_\_\_



6 \_\_\_\_\_

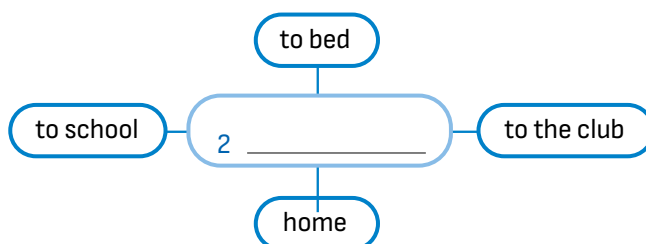
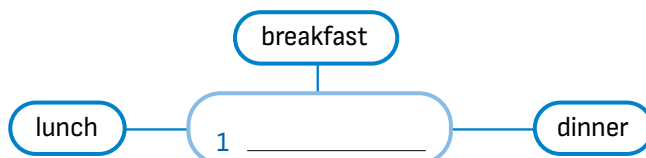


7 \_\_\_\_\_



8 \_\_\_\_\_

2 Complete the diagrams with *do*, *have* or *go*.



3 Look at the table and complete the text. Write the times in letters.

My daily routine	
get up	7.15 am
have breakfast	7.30 am
go to school	8.00 am
have lessons	8.30 am–2.15 pm
have lunch	12.30 pm

My name's Annie. I get up  
at 1 seven fifteen  
and I 2 \_\_\_\_\_  
at seven thirty. I 3 \_\_\_\_\_  
\_\_\_\_\_ at eight  
and I 4 \_\_\_\_\_  
from eight thirty to 5 \_\_\_\_\_.  
I 6 \_\_\_\_\_ at twelve thirty.



## Get ready!

## 1 Complete the sentences with the affirmative present simple form of the verbs in brackets.

- I have (have) breakfast at home.
- You \_\_\_\_\_ (finish) school at 3.00 pm.
- He \_\_\_\_\_ (have) lunch at school.
- She \_\_\_\_\_ (go) to school at 8.00 am.
- It \_\_\_\_\_ (start) at 6.00 pm.
- We \_\_\_\_\_ (like) our gym classes.
- They \_\_\_\_\_ (do) their homework in the morning.

## 2 Rewrite the sentences in Exercise 1 in the negative form.

- I don't have breakfast at home.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## 3 Complete the sentences with the present simple form of the verbs in brackets.



- Harry does (do) sport at school.
- He \_\_\_\_\_ (have) gym classes on Wednesdays and Fridays.
- The gym lesson \_\_\_\_\_ (start) at 10.45 am.
- Harry and his friends \_\_\_\_\_ (not like) football. They prefer basketball.
- Their gym teacher \_\_\_\_\_ (want) to give them football lessons too.
- On Wednesdays and Fridays, Harry \_\_\_\_\_ (not have) lunch at school.
- He \_\_\_\_\_ (go) home after the gym class.

## 4 Complete the text with the present simple form of the verbs in brackets.

## My typical Monday

I'm Sophie. I 1 get up (get up) at 8.00 am. My sister Becca and I 2 \_\_\_\_\_ (have) breakfast at 8.15 am. After breakfast, she 3 \_\_\_\_\_ (go) to school. I stay at home and I 5 \_\_\_\_\_ (do) my homework. I 4 \_\_\_\_\_ (not go) to school in the morning. At 12.30 pm, Mum and I 6 \_\_\_\_\_ (have) lunch and then I 7 \_\_\_\_\_ (go) to school. In the evening, we 8 \_\_\_\_\_ (not have) dinner late. Dad 9 \_\_\_\_\_ (prepare) it at 7.00 pm. After dinner, I 10 \_\_\_\_\_ (relax).



## 5 Look at Becca's diary and write sentences about her typical Monday. Use the verbs in the box.

start

get up

finish

have

do

go

## MONDAY

- 7.30 am
- 8.45 am school
- 12.30 pm lunch break
- 1.30-3.00 pm school
- 3.30 pm music club
- 5.30 pm homework

- I get up at 7.30 am.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Try it yourself!

Write about the things you do/don't do on a typical weekday.

On a typical weekday, I get up...  
I don't...

**1 Complete the verbs with the missing letters.**

- |         |           |
|---------|-----------|
| 1 d_o   | 7 ch_t    |
| 2 _o    | 8 p__y    |
| 3 s_e_p | 9 _iste__ |
| 4 s__   | 10 s_a_t  |
| 5 r__d  | 11 t_k__  |
| 6 _av__ | 12 f_ni_h |

**2 Match verbs from Exercise 1 with the words or phrases in the box to label the photos.**

friends on my phone photos  
sport to music a book



1 do sport

2 \_\_\_\_\_



3 \_\_\_\_\_

4 \_\_\_\_\_



5 \_\_\_\_\_

6 \_\_\_\_\_

**3 Complete the table with the words in the box.**

basketball out on my bike shopping  
the guitar swimming the piano  
~~to the cinema~~ video games

go	play
to the cinema	

**4 Circle the correct option.**

- I go shopping / do sport at the shopping centre.
- Lola *goes swimming* / plays video games in her bedroom.
- We *do sport* / go out on our bikes at school.
- I *see my friends* / play the piano in the park.
- My friends *listen to music* / sleep at parties.
- Freddy *plays basketball* / reads in the English class.

**5 Complete the sentences with the correct form of the verbs in the box.**

take photos go swimming sleep  
read do sport chat on my phone

- I normally sleep for 8 hours every night.
- Ben \_\_\_\_\_ 2 days a week. He plays tennis on Mondays and Fridays.
- Mum \_\_\_\_\_ 3 or 4 pages of her book before she goes to sleep.
- Felix has got a good camera and he \_\_\_\_\_ with his friends.
- I \_\_\_\_\_ with my best friend every evening.
- When we're on holiday at the beach, we \_\_\_\_\_ in the sea.

**6 Complete the sentences about your free time activities.**

- After school, I \_\_\_\_\_.
- In the holidays, I \_\_\_\_\_.
- When I'm with my friends, we \_\_\_\_\_.

## Get ready!

## 1 Circle the correct option.

- 1 Do / Does you go swimming every day?
- 2 Do / Does he go shopping with his dad?
- 3 Do / Does she see her friends after school?
- 4 Do / Does it sleep at night?
- 5 Do / Does we have free time today?
- 6 Do / Does they chat on their phones at school?

## 2 Write an answer from the box for each question in Exercise 1.

Yes, you do. Yes, he does. No, they don't.  
No, she doesn't. No, it doesn't. ~~Yes, I do.~~

- 1 Yes, I do.
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

## 3 Circle the correct Wh- word.

- 1 When / What do you do sport?
- 2 What / What time does school start?
- 3 What / When do you do after school?
- 4 What / Where does she go on holiday?
- 5 What / When do they have music lessons?
- 6 What time / What do you have dinner?

## 4 Complete the questions with Do or Does.

- 1 Do you do your homework online?
- 2 \_\_\_\_\_ your friends play football after school?
- 3 \_\_\_\_\_ your teacher go to work by car?
- 4 \_\_\_\_\_ we have a break after this lesson?
- 5 \_\_\_\_\_ this lesson finish at 11.00 am?
- 6 \_\_\_\_\_ your best friend have lunch at school?

## 5 Answer the questions in Exercise 4 about you.

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_

## 6 Read the answers and complete the questions.

- 1 Do you read \_\_\_\_\_ every day?  
Yes, I do. I read a book every day after dinner.
- 2 \_\_\_\_\_ to play football?  
No, he doesn't. My dad wants to play rugby.
- 3 \_\_\_\_\_ your homework?  
I do my homework after school.
- 4 \_\_\_\_\_ lunch?  
I have lunch at 12.30 pm every day.
- 5 \_\_\_\_\_ late?  
No, I don't. I finish school at 2.30 pm.
- 6 \_\_\_\_\_ out on your bikes with your friends?  
Yes, we do. We go out every weekend.

## 7 Write questions. Then answer about you.

- 1 you have lunch at school / every day ?  
\_\_\_\_\_
- 2 What time / you finish school ?  
\_\_\_\_\_
- 3 you and your friends / like sport ?  
\_\_\_\_\_
- 4 your best friend / get up early at weekends ?  
\_\_\_\_\_
- 5 What free time activity / you do at weekends ?  
\_\_\_\_\_

## Try it yourself!

Work in pairs. Take turns to ask and answer what you want to do this weekend/afternoon/ on Friday. Then write your classmates' answers and share them with the class.

What do you want to do (at the weekend)?

Do you want to (play video games on Friday)?

Mora wants to (go to the cinema on Friday).

# GET ORGANISED... AND DO IT ALL!



Oh no! I'm late again!  
I haven't got time for everything!


Do you feel that you haven't got time for everything?

It's not easy to find time to go to school, relax, do homework, see your friends and get enough sleep.

Here is a list of tips to help you organise your time.

## 6 PLAN YOUR WEEKEND IN ADVANCE!

It's Saturday at 3.00 pm and you haven't got plans... Don't wait until the weekend to decide what you want to do. Do you want to go to cinema? Buy your tickets in advance and make the most of your free time.

Chat with your friends during the week and vote on the best plan for the weekend. Creating an online poll  is a good idea to save time!

WB

### 1 Read the text and tick (✓) the correct answer.

- a This tip is about plans you can do at the weekend. ☐
- b This tip is about how to plan your weekend. ☐
- c This tip is about apps to make plans for the weekend. ☐

### 2 Complete the sentences with the words in the box.

help week Saturday night  
what buy want time advance

- 1 Don't wait until Saturday night to decide where you \_\_\_\_\_ to go or \_\_\_\_\_ you want to do.
- 2 Online polls can \_\_\_\_\_ you to save \_\_\_\_\_!
- 3 Plan your weekend in \_\_\_\_\_.
- 4 It's a good idea to \_\_\_\_\_ cinema tickets during the \_\_\_\_\_.



### Mediation

Imagine one of your friends has trouble getting organised. Read the text on page 14 and the text above again, and send them a text message suggesting 2 ideas for organising their time.



### Podcast circle



#### EPISODE 1

#### A day in our lives



After you listen, complete 1 of these tasks:

- 1 Write 2 or 3 things that Emma and Leo have in common.
- 2 Write 2 or 3 things that are different between you and Emma or Leo.