

A ★ Read and match.

- | | |
|--|----------------|
| 1 You keep food cold and fresh in | a a fridge. |
| 2 You can heat food really quickly in | b cut them up. |
| 3 Before you eat a banana, you have to | c peel it. |
| 4 To make fruit or vegetables smaller, you | d a microwave. |
| 5 In the kitchen, you cook things on | e fry them. |
| 6 When you cook vegetables in hot oil, you | f the stove. |

B ★★ Read and check (✓) or cross (✗). Then correct the lists.

Things We Use

fridge ✓
 stove
 throw out
 fry
 microwave
 trash can

Words to Describe Food

hot
 delicious
 grill

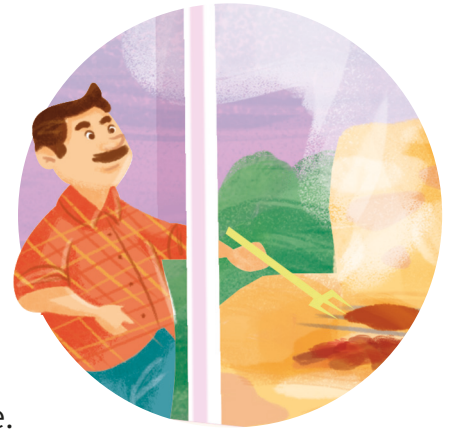
Things We Do

trash can ✗
 mix
 fresh
 cut up
 peel
 sink



C ★★ Read and choose.

- 1 Mom washes the vegetables in the **sink** / **fridge**.
- 2 We keep food cold in the **fridge** / **microwave**.
- 3 You can cook food **in a sink** / **on a stove**.
- 4 Marisa **throws out** / **mixes** the eggs and the milk in a bowl.
- 5 Alec uses a knife to **fry** / **cut up** the vegetables.
- 6 Evan's dad **grills** / **peels** meat and vegetables outside.



D ★★ Read and complete for you.













- 1 When my mom and dad cook, they use _____, but when I cook, I use _____.
- 2 I know how to _____.
- 3 I like to help in the kitchen. I _____ and _____.
- 4 I like _____, but I don't like _____.






























Infinitives

I	plan	to	make	fruit salad for my family.
	don't like		eat	meat.
Alec	loves	to	wash	dishes!
Would you	like	to	have	more potatoes?

A ★ Circle the infinitives.

- 1 You need to wash strawberries before you eat them.
- 2 I plan to have five pieces of fruit a day.
- 3 Some of my friends don't like to eat meat or fish. They're vegetarians.
- 4 My little brother tries to peel his bananas by himself.
- 5 Alec wants to cut up an onion.
- 6 Would you like to help me in the kitchen? I'm going to make a chocolate cake.

Watch Out

I like to play.

Not ~~I like~~ play.

I like to play.

Not ~~I enjoy~~ to play.



B ★★ Read and choose.

- 1 Tim **wants try** / **wants to try** food from another country.
- 2 Marisa **deciding to make** / **decided to make** a dessert.
- 3 I need **stop to drinking** / **to stop drinking** soda.
- 4 Would you like **to peel** / **peel** the potatoes?
- 5 I **planning to make** / **plan to make** a special dinner for my family.

C ★★ Read and complete. Use the correct form of the verbs.

cut up eat go need peel try want

Amy: I'm going to make breakfast for Mom and Dad. Do you

1 _____ to help me?

Stephen: Sure. Do we need **2** _____ to the store?

Amy: No, we have a lot of fruit. Let's make a fruit salad.

Stephen: That's a great idea. Mom **3** _____ to eat a lot of fruit every day. She wants to be healthy.

Amy: Yes, she does! So, first we **4** _____ to wash all the fruit. Then we can start **5** _____ the fruit.

Stephen: Do you want **6** _____ the fruit, too?

Amy: No, that's OK. Mom likes

7 _____ apples and pears with their skin on. But not bananas! I don't think she wants banana peel in her fruit salad!



D ★★ Write about your ideal meal. Read and complete. Use infinitives.

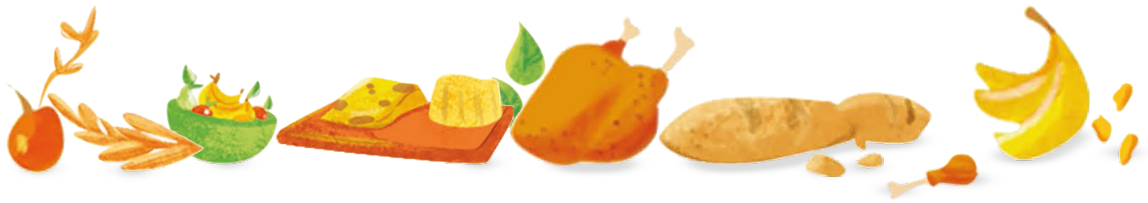
1 I would like *to eat some salad* _____ and then I want _____.

2 I wouldn't like _____ or _____.

3 I love _____ with _____.

4 I plan _____ for dinner some day!

A ★ Look and unscramble.



1 nsbae _____

2 rtuteb _____

3 grasu _____

4 bohycradrate _____

5 eintrop _____

6 yidar _____

7 sutn _____

8 tfa _____

9 tmae _____

10 sniagr _____

B ★★ Read and check (✓) or cross (✗). Rewrite the incorrect sentences.

1 Cheese, avocado, and cookies all have sugar. ✗

Cheese, avocado, and cookies all have fat.

2 Dairy helps our bones stay strong. ○

3 Chicken, eggs, and beans all have carbohydrates in them. ○

4 Some people put butter on their sandwich. ○

5 Fat makes food taste sweet. People also put it in their drinks. ○

6 Bread and pasta come from grains. ○



C ★★ Read and complete. There are two words you do not need.

butter carbohydrates dairy fat grains protein nuts sugar

- Alec:** I'm hungry! Let's make a really healthy lunch. I had some
1 _____ for a snack this morning, but that was at 10:00.
- Tim:** That was a healthy snack! I had a bar of chocolate and that had a
lot of **2** _____ in it.
- Alec:** Let me see what's in the fridge ... There's cheese and milk, some
fish, and some eggs.
- Tim:** Well, we can get **3** _____ from the fish and eggs, and
4 _____ is good for our bones.
- Alec:** Do we need something to give us energy when we play soccer this
afternoon?
- Tim:** Yes, I think we're going to need some **5** _____.
- Alec:** I think there's some bread in the cupboard. My mom says bread is
made from small dry seeds called **6** _____.
- Tim:** OK, let's make the healthiest sandwiches ever!



D ★★ Read and complete for you.

- 1** My favorite meal is _____.
- 2** _____, _____ and _____ have protein.
- 3** I want to eat healthy meals because _____
_____.
- 4** In my school, our lunches have _____.

Gerunds

I	enjoy	making	new dishes.
Sue	hates	cutting up	onions.
Tim	doesn't mind		
Do you	like	cooking?	

A ★ Read and choose.

- 1 Ana and her mom **enjoy to make** / **enjoy making** cookies on the weekend.
- 2 Ana's mom doesn't mind **grilling** / **to grill** chicken on the barbecue when it's nice and sunny outside.
- 3 Carlo keeps **ask** / **asking** his grandma to bake cakes.
- 4 Do you **enjoying help** / **enjoy helping** your family in the kitchen?
- 5 Sue **doesn't like** / **don't like** cutting onions.
- 6 Do you like **having** / **have** sandwiches for lunch?

Remember

I like to play.
~~*Not I like to playing.*~~
I enjoy playing.
~~*Not I enjoy to play.*~~

B ★★ Put the words in order.

- 1 singing / My / in the kitchen. / loves / dad

- 2 helping / don't mind / Mom / We / at the grocery store.

- 3 I / like / in my tea. / putting / sugar / don't

- 4 Does your dad / food / like grilling / on the barbecue?

C ★★ Look and complete. Use gerunds.

 don't like
  don't mind
  like
  love

	Nuts	Milk	Fish
Evan			
Ana			
Marisa			

1 Evan *likes eating* _____ nuts for a snack.

2 Marisa _____ nuts, but Ana
_____ nuts.

3 Marisa _____ milk, but Evan _____ milk
with breakfast.

4 Evan and Ana _____ fish, but Marisa _____
it _____.



D ★★ Complete the sentences for you. Use gerunds.

1 I really don't like _____.

2 I don't mind _____.

3 My teacher keeps _____.

4 I enjoy _____.

5 My family loves _____.

6 My friend likes _____.

A Choose the odd one out. Then complete the sentences to say what the other words have in common.

1 eggs fish sugar meat
Eggs , *fish* , and *meat* have *protein* in them.

2 milk cheese eggs butter
 _____ , _____ , and _____ are all _____ .

3 stove trash can throw out microwave
 _____ , _____ , and _____ are things you
 _____ in the kitchen.

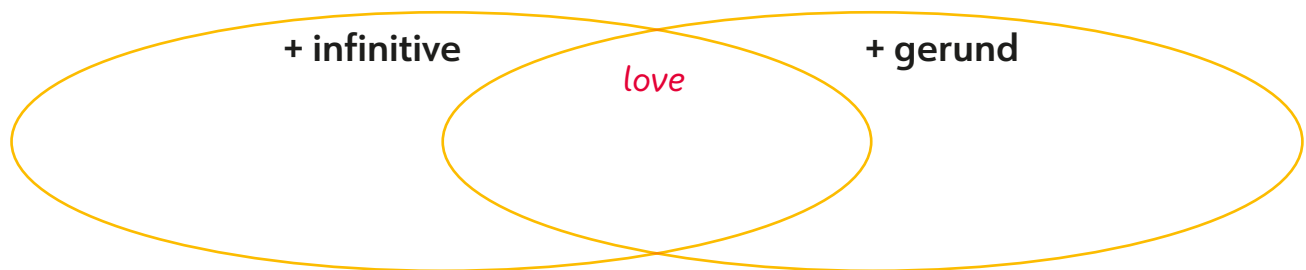
4 delicious fresh peel hot
 _____ , _____ and _____ are words to
 describe _____ .

Tip

Putting new words in groups or thinking about what they have in common can help you remember them more easily.

B Put the verbs in the Venn diagram. Then complete the sentences for you. Use infinitives or gerunds.

enjoy don't mind like love
 plan want hate need



- 1** At lunchtime, my friends and I _____.
- 2** After school, I _____.
- 3** For summer vacation, my family _____.

Read the questions and draw or write your answers.



What did I do?



What did I learn?

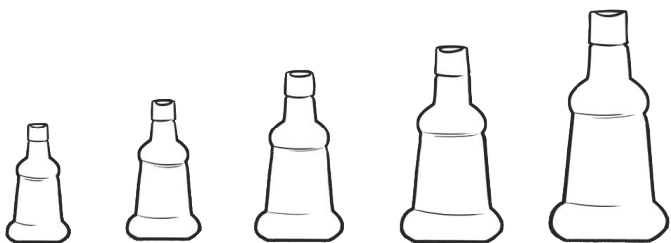


What was my favorite part?



How well did I do?

What can I do next?



Say Three Things!

Your plans
for the future.

I want to ...

I plan to ...

I'm going to ...



Move
3
spaces

What your family
likes to make
for dinner.

We like ...

Sometimes we ...

And we always ...



Three different
instruments in
an orchestra.

There's ...

And there's ...

And there are ...



_____'s Points

_____'s Points

Move
3
spaces

Start

Add 3
extra points

Talk about your
kitchen at home.

My kitchen ...

There's ...

There aren't ...



Say what you're
going to do
this weekend.

I'm ...

And I'm ...

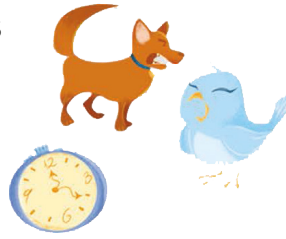
But I'm not ...





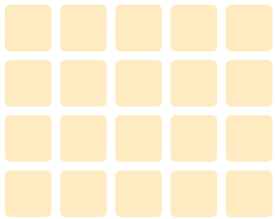
Say what you hate doing.
I hate ...
And I don't like ...
And I really hate ...

What sounds can you hear right now?
There's a ...
Someone's ...
A/The (bird)'s ...

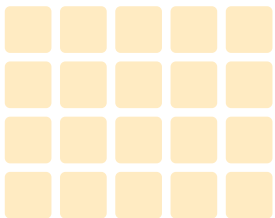


Move
3
 spaces

_____'s Points



_____'s Points



HOW TO PLAY

- 1 Play in pairs or small groups.
- 2 Use your spinner to move around the board.
- 3 When you land on a square, say three things.
- 4 Color a square in your Points Chart for every sentence you say.
- 5 The first player to get 20 points is the winner



What is your friend going to do after school?
He/She's ...
And he/she's ...
But he/she isn't ...



Describe a healthy dinner.
There's ...
There are ...
There aren't ...



Move
3
 spaces

What does your family enjoy doing on the weekends?
We enjoy ...
We like to ...
We don't enjoy ...



Talk about musical instruments.
I like the ...
I can play ...
I love the ...

