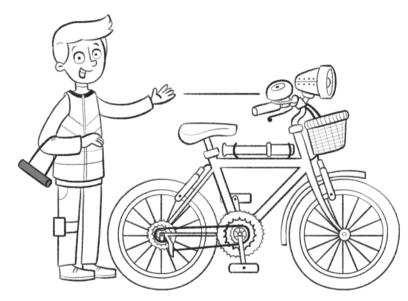
3 Super cycling

Lesson 1 Vocabulary

1 (a) 3.1 Listen and colour and write.



2 Look and read. Choose the correct words and write them on the lines. There is one example.

a basket a bell brakes a cyclist gears a light a lock a pump a safety vest a wheel

Ex	ample You need this if you have a flat wheel.	<u>a pump</u>
1	You use these to stop!	
2	The person who rides a bike.	
3	This is round and a bike has two of them.	
4	You can carry your shopping in this.	
5	You wear this so that people can see you on the road.	
6	These help you go faster.	
7	You switch this on when it's dark.	
8	You ring this if people are in your way.	
9	If you don't have this, someone might steal your bike!	

Lesson 2

Reading

1 Read the leaflet on Pupil's Book pages 36–37. Write the things people can see on each tour in the correct boxes.

Statue of Liberty
American sports
Ellis Island
One World Trade
Centre
Central Park
Brooklyn Bridge







2 Read the leaflet on Pupil's Book pages 36–37 again. Complete the sentences.

Learning to learn

What I know about London:

Words I think will be in the text:

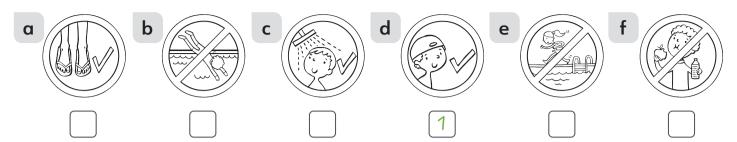
Lesson 3 Reading comprehension

1	Re	Read the leaflet on Pupil's Book pages 36-37. Answer the questions.			
	1	What is included for the morning bike ride?			
	2	How many gears have the bikes got?			
	3	What do they give you to wear?			
	4	Where can you stop to have a picnic?			
	5	What days can you take the bike and boat tour in autumn?			
	6	How much are children's tickets?			
2	Re	ead and write <i>T</i> (<i>True</i>) or <i>F</i> (<i>False</i>). Correct the false sentences.			
	1	Ellis Island is where people do American sports. F Central Park			
	2	The Liberty Bridge is a famous bridge.			
	3	The bike tour includes a bike with six gears.			
	4	You can't go inside the Statue of Liberty.			
	5	The boat tour is in the afternoon.			
So	our	nds and spelling			
3	Sc	y aloud. Circle the letters that sound like s.			
	Is	ee seven nice mice bouncing balls.			
	Six	c cyclists in safety vests celebrate in the square.			
	Th	e queen eats ice cream in her palace in the city. 📈 📉			

4 Write the words with the letters s or c.

1	s:_	see	 	
2	c:		 	
	_		 	

1 (1) 3.2 Listen and number.



2 Circle must or mustn't. Then tick (✓) the sport or sports these rules are for.

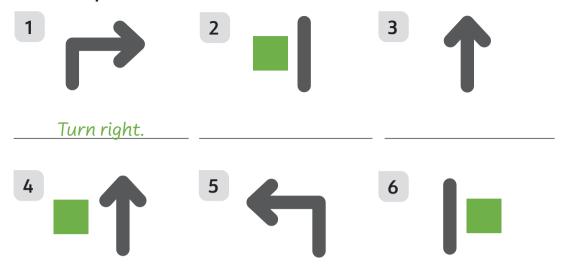
Rules	Cycling	Skateboarding
1 You mustn't wear a safety vest and helmet.		
2 You must / mustn't go on the road.		
3 You must / mustn't have a bell.		
4 You must / mustn't listen to music.		
5 You must / mustn't show drivers where you're going.		

- 3 Dook at Activity 1 and answer the questions.
 - **1** Which rules are for being clean and healthy? <u>c</u> ____ ___
 - Which rules are for safety? ____
- 4 Choose a sport and write four rules using must and mustn't.

h	orse-riding	mountain biking	sailing	surfing
1				
2				
3				
4				

Lesson 5 Language in use

1 Label the pictures.



Go straight on.

Turn right.

Turn left.

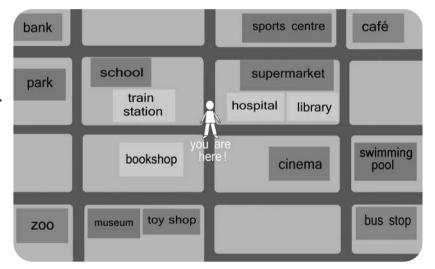
Go past.

It's on the left.

It's on the right.

2 (1) 3.3 Listen and circle.

- 1 It's the bank / park.
- 2 It's the bus stop / swimming pool.
- 3 It's the sports centre / café.



3 Look at the map again and complete the directions.

1 Toy shop: First, you <u>turn left</u> and go past the _____. The train station is on your right. Then you _____ twice. ____ the museum. The toy shop is on your right.

2 Swimming pool:

Lesson 6 Language builder

crossing

1 Label the pictures.

bus stop



pavement

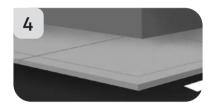
map



to cross

traffic lights

traffic lights





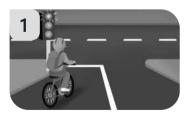


Match to make sentences on road safety.

- Find a safe place ——
- 2 Use a
- Wait for the traffic lights
- The red man means you
- Wait on the pavement
- The green man

- means you can cross. a
- until the traffic stops. b
- to change colour. C
- crossing if you can. d
- mustn't cross. e
- to cross the road.

Write some road safety rules for cyclists.









- You must stop at a red light
- 3

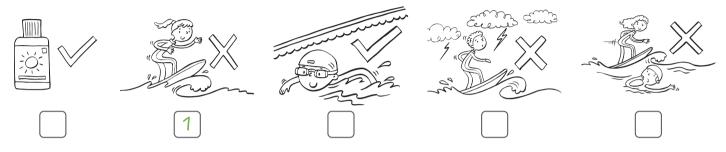
Prepare to write

- 1 When do we use bullet points? Circle. Then complete the sentence.
 - emails
- stories
- letter to my grandma
- leaflets
- rules

- diaries
- instructions
- poems

• shopping lists

Match the pictures to the safety advice for surfers.



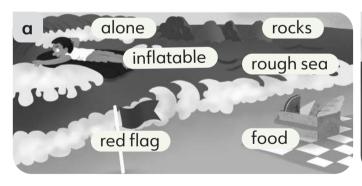
1 • Never go surfing alone.

We use bullet points to _____

- 2 You must know how to swim.
- **3** Don't surf too near swimmers.

- **4** Always wear sunscreen.
- **5** You mustn't surf in thunderstorms.

3 Look at the pictures. Make notes on safety advice for swimmers in the table.





	swim near the beach
✓	
	swim away from the beach
×	
	

Ready to write

4 Write a leaflet giving safety advice for swimmers. Use bullet points.

	Safe	swimm	ing	
Always				
You mustn't				·
•				
•				
•				
•				
•				
•				
•				
d and check who	at vou wrote in	Activity / Tiel	((.1)	

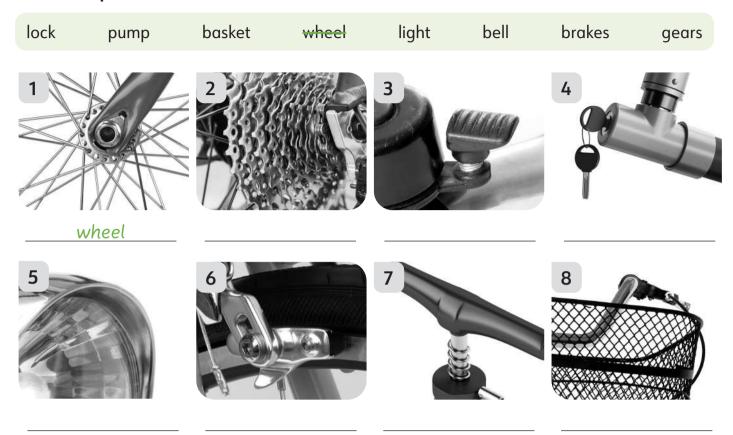
5	Read and c	heck what you	wrote in Ac	tivity 4. Tick (/)
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• Did I use bullet points?

- Did I use the correct spelling?

Check-up challenge

1 Label the pictures.



2 Read the text. Choose the right words and write them on the lines. There is one example.

	city	safety vest	job
1	cycle	cyclists	basket
2	paths	palaces	pavements
3	brakes	rides	bridges
4	information	tickets	directions
5	see	seeing	saw
6	down	opposite	into

Amsterdam is a favourite _	<u>city</u> for
¹ The	re are lots of cycle
² and	there are no hills.
You can cycle along the car	nals and across
the ³ ,	looking at the
houseboats. The Anne Fran	nk museum is near
there. You must buy ⁴	
online before you go - it's v	very busy. In Dam
Square you can ⁵	the
Royal Palace and ⁶	it is the
National Monument.	

Where do they want to go? Read and follow the directions on the map. Then complete the questions.	
1 How do I get to <u>Central Park</u> ?	
Go straight on. Go past the theatre. Then turn left. It's on the right.	
Turn right. Go past the large shop. Then turn right and walk across the park.	
Turn left. Go straight on across the bridge. Then turn right. It's opposite the supermarket.	
4 Write the safety rules for rollerblading.	
1 (pavement) You must	
2 (road)	-7
3 (helmet)	e de
4 (people)	
5 (fast)	
What I can do!	
Put a tick (✓) or a cross (×).	
talk about bikes and cycling spell words with c and s pronounced s	
describe a city bike ride talk about rules using <i>must</i> and <i>mustn't</i>	
give directions write instructions using bullet points	
In this unit, I liked	_•
was exciting	у.
I didn't mind	_•